



## **OUTREACH AND ENGAGEMENT WORKER (FIXED TERM CONTRACT)**

Becoming Mums is looking for someone to join our team on a freelance, fixed-term contract, supporting outreach and engagement with mothers across Reading communities where barriers mean families are less likely to access local support.

Becoming Mums is a peer-led organisation supporting mothers through pregnancy, early parenthood and beyond through creative, welcoming and community-centred sessions. Our groups aim to reduce isolation, build confidence and create spaces where mothers can connect, share experiences and access support from others who understand their journey.

We believe mothers are experts in their own lives. Our role is to create welcoming, non-judgemental spaces where people feel listened to, valued and empowered to build supportive relationships within their communities.

This role will focus on developing relationships within local communities, building trust with mothers and families, facilitating peer support groups, and connecting people with local services and opportunities. Working closely with our team, you'll help create inclusive, accessible spaces where mothers feel they belong and can access the support they need.

We are looking for someone who is warm, approachable, compassionate and able to build genuine relationships with people from a wide range of backgrounds. You need excellent listening skills, sound judgement, and a commitment to working alongside people with a wide range of needs.

### Occupational Requirement:

This role facilitates peer support groups specifically for mothers. Shared lived experience of motherhood is therefore an occupational requirement under Schedule 9 of the Equality Act 2010. Facilitators participate as peers rather than professionals, and shared lived experience is fundamental to building trust, mutual understanding and authentic peer relationships.

We welcome applications from birth, adoptive, foster and kinship mothers, including trans and non-binary people who identify as mothers.

We are particularly keen to hear from people from Black, Asian and other racially minoritised communities, as these voices and lived experiences are currently underrepresented within our organisation. Safeguarding training will be provided.

### Essential Skills and Experience:

- Lived experience of motherhood (including birth, adoptive, foster or kinship motherhood).
- Experience of building supportive relationships and reaching under-served communities.
- Strong understanding of the barriers mothers and families can face when accessing support.
- Excellent communication and active listening skills.
- Experience Reading's community groups and/or family support services.
- Ability to build trusting, respectful relationships with people from a wide range of backgrounds.
- Confidence facilitating groups or supporting people in community settings.
- Ability to maintain appropriate professional boundaries while working in emotionally sensitive situations.
- Confidence recognising when someone may need additional support and signposting or referring appropriately.
- Good organisational skills and the ability to work independently as well as part of a small team.
- Commitment to inclusive, anti-racist, trauma-informed and peer-led approaches.
- Access to a vehicle and a full clean driving licence.
- Willingness to undertake an Enhanced DBS check.

### Desirable Skills and Experience

- Experience working within community, voluntary or family support organisations.
- Experience planning or delivering creative, wellbeing or group-based activities.
- Knowledge of wider Reading services, charitable sector or health provision.
- Experience working alongside volunteers.
- Understanding of perinatal mental health and the importance of early intervention.
- Experience working collaboratively with partner organisations and representing an organisation within the community.

### We are looking for someone who is...

- Warm, friendly and approachable.
- A great listener who builds trust easily and can make a great cup of tea.
- Compassionate, non-judgemental and respectful.
- Organised, reliable and able to work independently.
- Passionate about reducing isolation and helping mothers feel connected, confident and supported.

### Equality, Diversity and Inclusion

Becoming Mums is committed to creating an inclusive and welcoming workplace. We actively encourage applications from people from Black, Asian and other racially minoritised communities, disabled people, LGBTQ+ people, and people from communities currently underrepresented within our organisation. Applicants must be able to work within our code of conduct, which you can access [here](#).

We are committed to making our recruitment process accessible and making sure you can bring your full self to the job. We welcome requests for access adjustments or support at any stage of the application process. Please contact Beth on [hello@becomingmums.com](mailto:hello@becomingmums.com) to discuss your needs.

If you need this information in another format, please get in touch.

### Application Process

1. Please apply by sending us your CV to [hello@becomingmums.com](mailto:hello@becomingmums.com) and a covering letter explaining how you meet the essential and desirable criteria with examples from your previous experience. Please include contact information for 2 references from previous employers.
2. Deadline for applications is: 28<sup>th</sup> September
  - a. Interviews will take place using in person on 23<sup>rd</sup> October 2026 at Fairview Community Centre.
3. Applicant must be available to start work, upon receipt of successful references, on the 16<sup>st</sup> November 2026.

### Salary and Contract

Job Title: Community Outreach and Engagement Worker

Salary: £200 per day

Hours: 2 days per month

Contract: Fixed term until November 2029

Location: Based in Reading, with regular travel across Reading and surrounding areas. Home working will be necessary for administrative tasks.

Working pattern: We are looking for someone to work flexibly, setting their own working agenda. Hexham Road Community Centre support group facilitation takes place in the morning of the 3<sup>rd</sup> Friday of every month. There will be occasional evenings and weekends to attend groups, events, community activities or brief team meetings. We are happy to discuss, facilitate and support flexible working arrangements, and child-friendly working spaces.

This role is freelance, and applicants must be responsible for their own pension, tax and NI contributions.

